

Journeying Through The Thresholds *beginning the passage to young womanhood* A Workshop for Girls Entering 9th Grade

Our time together:

The passage from middle to high school is a potent, beautiful and sometimes challenging time in girls' lives. By intentionally honoring, guiding, and celebrating this shift, we can support our girls to emerge into this next phase of life with confidence, resilience, compassion, and a strong sense of their own unique gifts. This passage is a special opportunity for girls entering 9th grade to come together for 2 days (overnight retreat) and explore the unique nature of the transition to high school.



This passage includes:

- ★ Group of 6-8 girls maximum
- ★ Exploration of themes: transition to high school, social and emotional resource building, identity, gifts and challenges of this time
- ★ Community building activities + reflection time in nature
- ★ Creative expression through a variety of modalities
- ★ Closing council circle with girls + parents to honor and celebrate this important passage

Dates/Location: June 18th & 19th (back up dates 6/11-6/12). This is an overnight retreat.

Investment: \$400 includes all materials and lodging, *\$50 deposit to reserve your spot*



Laura Weaver, MA is a mother, writer, rites of passage guide, and Director of Transformative Learning at the PassageWorks Institute (www.passageworks.org). Laura is the co-author of *The 5 Dimensions of Engaged Teaching*, and her poetry, book chapters, and essays have been published widely. She has taught courses and workshops for youth, parents and educators for the last ten years and has a particular passion for supporting young women through rites of passage.



Brie Anderson-Feldman, MA, LPC, BC-DMT is child and family therapist, with over 10 years experience supporting young people find empowerment, hope and healing. She is passionate about partnering with communities, both locally and internationally to create programming which addresses the critical themes related to the social and emotional health of young women.

Registration:

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